



Materials

Blue painter's or masking tape

Four posters: Never, Usually, Almost Always, Every Time. You should be able to read these from a distance.

Activity templates on clip boards

Writing utensil

Set Up

Use the painter's tape to create an X on the floor large enough for the class to stand inside comfortably. Put one poster in the center of each quadrant. Tape the posters down so they can't be moved.

Roles

Adult 1: gives instructions

Adult 2: takes notes and observations

Warm Up

1. Gather students around the X
2. Get them warmed up and moving by calling out these questions and actions:
 - a. Clap your hands if you learned to ride a bike.
 - b. Wag your tail if you wore a helmet.
 - c. Touch the floor if you fell at least once while you learned.
 - d. Jump twice if you got up and tried again.
 - e. Give the person next to you a high five if someone helped hold the bike steady.
 - f. Play air guitar if someone cheered you on.
 - g. Wave your hands if you helped someone else learn to ride a bike.

Activity

1. Explain how the activity works once, pointing to the posters on the floor. Give students the practice statement if they need to try it once to help everyone understand. Then bring them back together around the X to begin.
2. Read the statement at the top of the template
3. Ask students to stand next to the poster corresponding to their answer
4. One teacher records the number of students in each quadrant
5. The other teacher calls on students to reflect on why they chose that spot
6. When teachers have called on enough students to reflect and the responses and numbers have been recorded, repeat the exercise for the next question.

Note: Don't let students move away from their spots until the numbers and responses have been recorded. If you have extra adults, you might assign more recorders to help the process move quickly.

Practice statement: *I listen and follow directions. I never listen or follow directions. I usually listen or follow directions. I almost always listen and follow directions. Every single time, I listen and follow directions.*

Activity statements:

1. I work well with others to achieve a goal.
2. I give up if I can't do something after the first try.
3. I pay attention and support others when they perform.
4. I know what to do when I begin to feel frustrated.
5. I think about my how my actions affect others and myself before doing them.

1. I work well with others to achieve a goal. - Teamwork



Almost Always	Every Time
Usually	Never

Comments and observations:

2. I give up if I can't do something after the first try. - Initiative/Responsibility



Almost Always	Every Time
Usually	Never

Comments and observations:

3. I pay attention and support others when they perform. - Empathy/Responsibility



Almost Always	Every Time
Usually	Never

Comments and observations:

4. I know what to do when I begin to feel frustrated. - Emotion Management / Problem Solving



Almost Always	Every Time
Usually	Never

Comments and observations:

5. I think about my how my actions affect others and myself before doing them - Emotion Management/Responsibility



Almost Always	Every Time
Usually	Never

Comments and Observations:



Post Residency:

Same exercise with a different warm up:

Warm Up

3. Gather students around the X
4. Get them warmed up and moving by calling out these questions and actions:
 - a. Clap your hands if you learned to juggle scarves.
 - b. Wag your tail if you balanced on a globe or rola bola.
 - c. Touch the floor if you fell at least once while you learned.
 - d. Jump twice if you got up and tried again.
 - e. Give the person next to you a high five if supported someone else while they performed.
 - f. Play air guitar if you took a risk this residency.
 - g. Wave your hands if you helped someone else learn a circus skill.